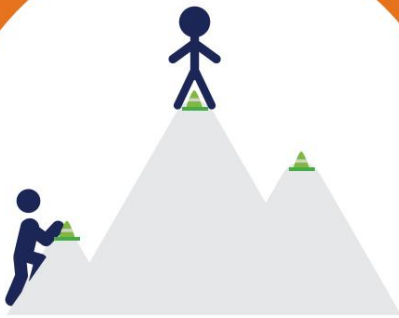




INGREDIENTS

- 3 cones
- 1 mountain



PREPARATION

Place the cones on the mountain.

COOKING

Choose a king of the mountain. This person places themselves on the top of the hill while all the other players remain at the bottom.

The aim of the game is to knock down all three cones without being touched by the king. If a player is touched by the king, they must return to the bottom of the game. the mountain to undergo an active consequence (example: doing ten frog jumps) before being able to start playing again.

When a player manages to knock down the last cone without being touched, he becomes the new king of the mountain.

It is also possible to place balls on the cones and for the objective to be to bring back the three balls without being hit.

MULTI-AGE VERSION

- Play on two mountains to separate the younger and older children;
- Have the older children play on all fours or backwards;
- Play with multiple kings at the same time.

Strategy
Nutrition
Challenge